Whisper's 56th Meditative Insight To The World

Shared by Matthias Chang

The Beginning & End of Spiritual Practice

I was experiencing excruciating pain of my entire right leg, from the ankle to my buttocks for some two weeks now, could not walk properly and was cursing at almost everything. It was a nightmare (what a contradiction) at 3 am, but I never gave up my perambulation and beg HIM for any relief and stoically continued my practice.

I am writing this article at 4.30 am.

Whisper came to me without any fuss.

"You are merely suffering nothing more than a pin prick, yet you curse and complain. There are millions of your people in the world, murdered and slaughtered by Evil political leaders of the so-called "chosen people" and a big country but they have been cast out and are lost souls. They were never "chosen" but millions of people still believe this lie and nonsense."

"You are only "chosen" if you have not lost your Faith in HIM and battle continuously Evil. Evil never rest and devours those who do not seek HIS help and blessings. Open your heart, listen and see clearly the battle lines of the spiritual battles. This is the beginning and the end of your Spiritual Practice. Remember this!"

"We tend to focus on our "sufferings" and forget easily the sufferings of others. This is a stern reminder and a test to be Faithful. Who do you really ask for help? If you are honest, the last person you ask is HIM and yet HE forgives. HIS time is not your time and people expect instant answers as when drinking "instant coffee". What a blasphemous thought!"

"There is reason for your pain. You went off the tangent. This may be outrageous to you. But everything happens for a reason. Meditate and be humble and seek HIM. Do not be discouraged and search for HIS shield and protection. It is as simple as that."

When I was perambulating in my office the second time, I refuse to focus on my pain but saw clearly the pain and suffering of others. The heavy load on my shoulders was lifted and I "floated" without any thought of the pain in my right leg.

I felt so stupid and idiotic. I walked into a trap of my own making, the lack of Faith in HIM. Never again!