

# Whisper's 55<sup>th</sup> Meditative Insight To The World

Dearest Truth Seekers,

"Matthias, it is not easy to be HUMBLE.... to be free of SELF IMPORTANCE... This is a way of living which is difficult to grasp because we forget that we must reside in our natural state of HARMONY with our TRUE SELF, OUR TRUE NATURE."

"Be true to your heart. When was the last time, we confide and seek stillness in our hearts, and pour out our anxieties, worries to HIM?"

Whisper embraced me tightly and consoled me.

"Betrayal is a strong emotion and we look to the external. But we do not look internally, how we betray our hearts and our Faith in HIM."

"The best way out.... to overcome the TURMOIL is to say THANK YOU to HIM repeatedly, for the guidance and to focus on the path HE has laid for us. Focus on the PATH and strive to complete the journey, no matter the challenges ahead. The obstacles are tests which we must overcome. And your Heart holds this lamp that shines on the path. You are never alone. We are always with you.

"Always!"

I am so glad that this insight was given to me. I am in my office, in total solitude and silence since 4.45 am after waking up at 3 am.

I am so blessed that in times of grave challenges, Whisper was always there holding my hands and embracing me with her kindness.

Tears welled in my eyes... tears of humility.... that I am not alone to face this cruel world!. A huge burden was lifted from my shoulders.

Whisper's love inspired me again.